

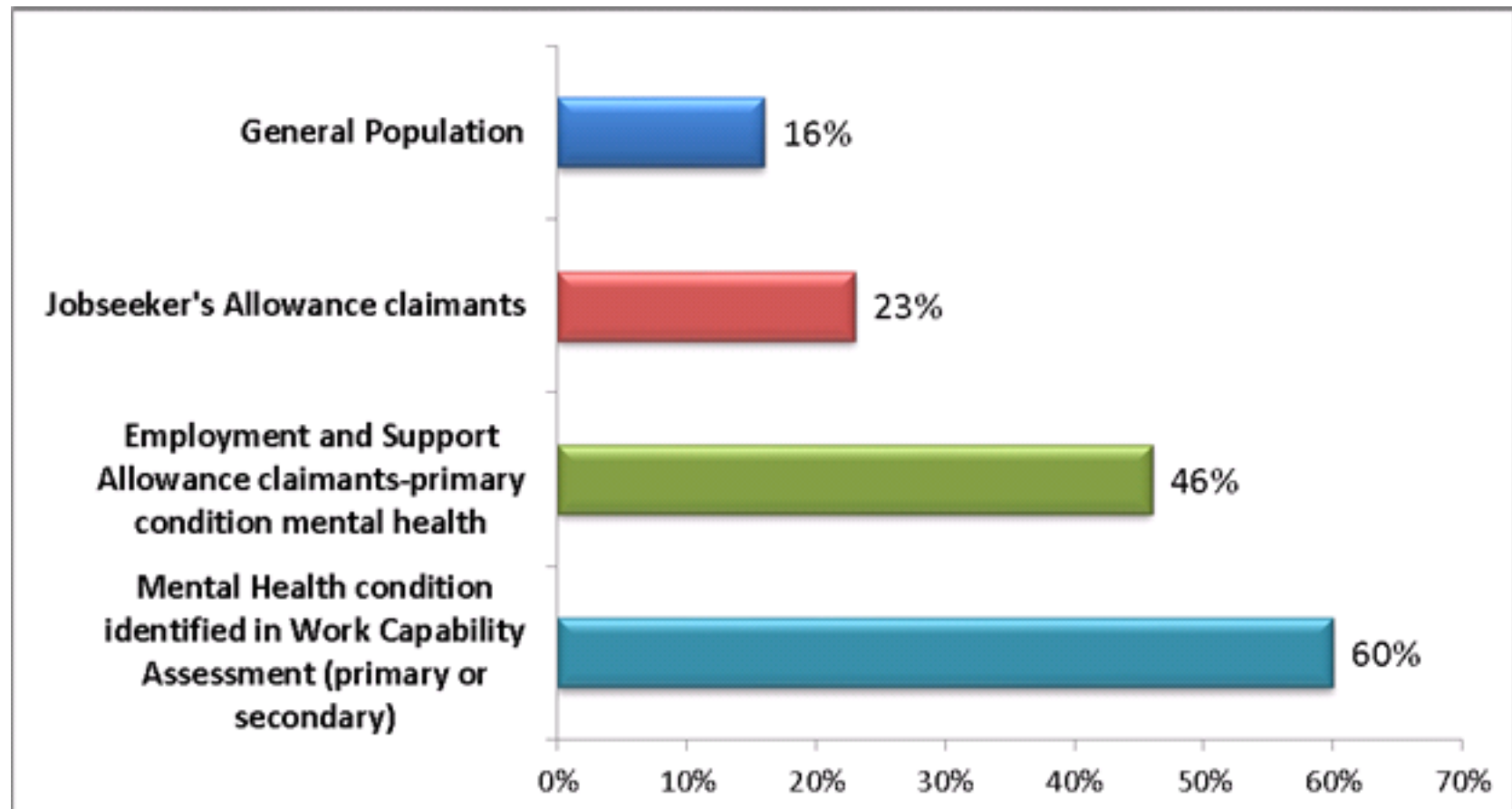
Mental Health and Employment

Support to help people get into
and stay in work

Mental health is a main stream issue

- According to the Equality Act definition, how many disabled people are there in the UK?
- ? Of the working age population has a mild to moderate mental health condition at any one time
- How many people will suffer from a mild to moderate mental health disorder at some point in their lifetime?

Mental Health conditions are common and rising amongst our claimant groups

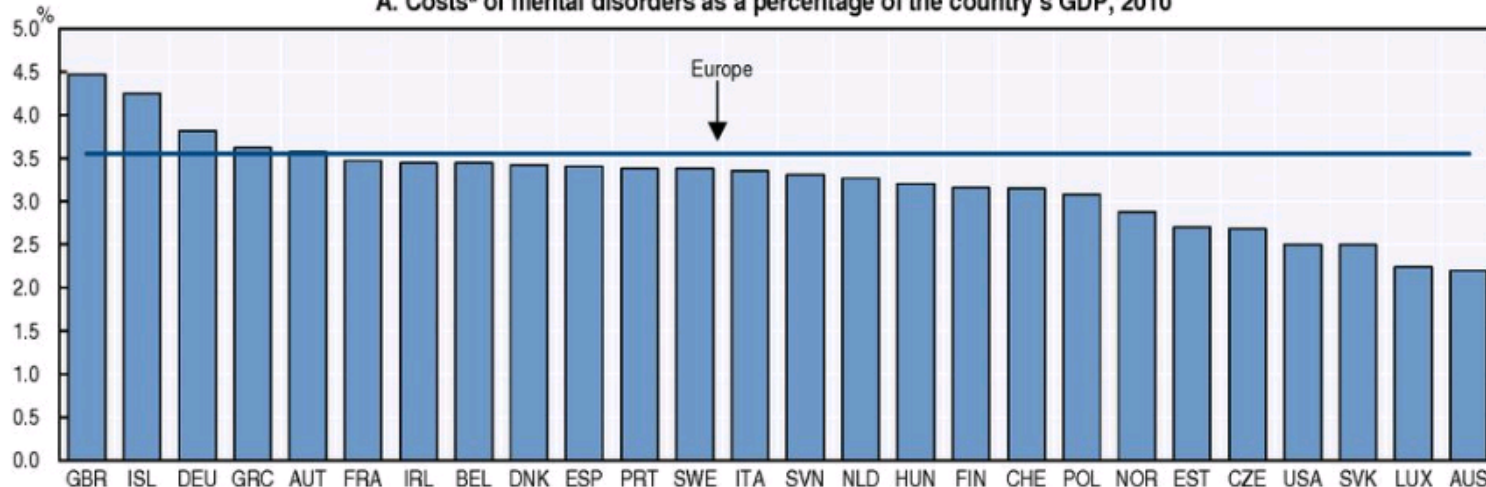


The costs of poor mental health are high...

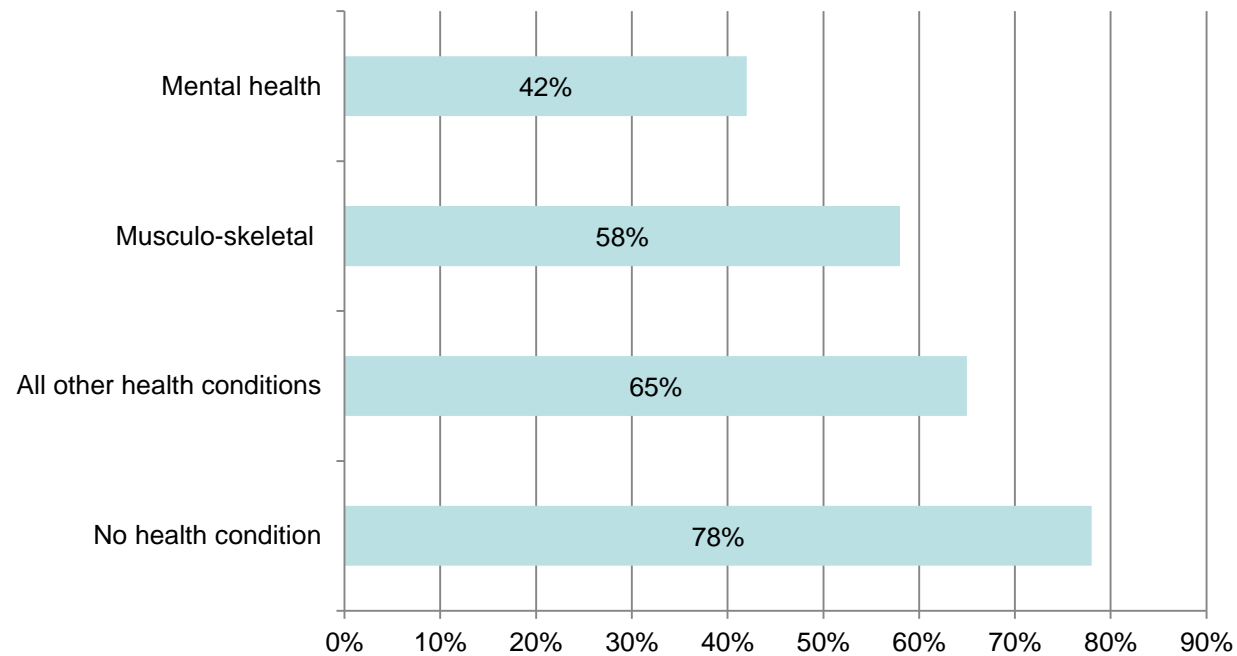
- Costs the UK economy c£70bn per year - 4.5% of GDP
- The economic impact arises from:
 - Sickness absence
 - Benefit provision
 - Loss of productivity

Figure 1.1. **The costs of mental ill-health for the economy as a whole are high**

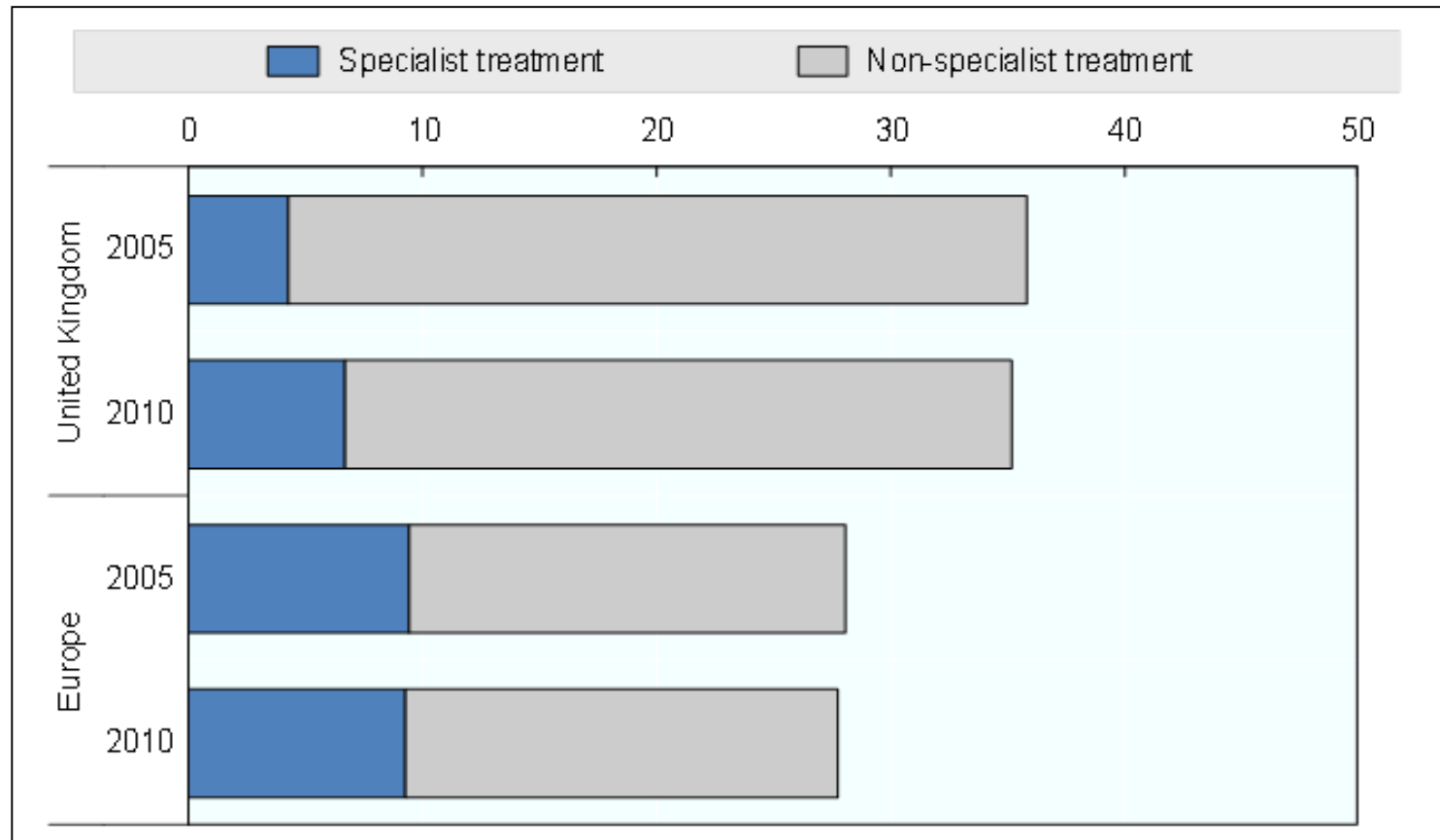
A. Costs^a of mental disorders as a percentage of the country's GDP, 2010



Employment outcomes for people with a mental health condition are poor:



Most people with mental health conditions are not receiving any medical treatment or employment support:



The evidence of what works is limited

Whilst the evidence-base is limited, there is some consensus around:

- The need for early intervention
- The Importance of **employment and health interventions** happening together; and
- Integration of services at local level

What does DWP do?

Current and Future Work

What does DWP currently do?

1. Developing the evidence base

Based on the independent Psychological Wellbeing and Work report (2014) DWP, with DH and Cabinet Office, piloting:

- Peer-led **group work**, to build self-efficacy and resilience to setbacks that benefit customers face when looking for a job.
- Jobcentre-commissioned, third-party provision of combined **telephone-based psychological and employment related support**.
- Embed **vocational support in IAPT** or other suitable psychological therapy services.
- Test whether **IAPT has an impact on employment outcomes** for Work Programme customers.

What does DWP currently do?

2. Increase access and build capability

- Purchase **early access to supported online cognitive behavioural therapy** - from early 2016.
- Trialling **co-location of IAPT services** in Jobcentres.
- **Access to Work** offers support to individuals with a mental health condition who are absent from work or finding work difficult.
- **Employment and wellbeing toolkit** for Jobcentre staff to enable them to provide appropriate employment advice to people with mental health conditions.
- Trial of **training for Jobcentre staff** to help them to spot possible mental health conditions, have the right conversations with people and know what support to offer

What does DWP currently do?

3. *Influence across Government*

DWP contributes to initiatives across Government:

- **Increasing access to psychological therapies**, the NHS gateway to NICE approved psychological therapy services for common mental health disorders (DH).
- Testing in four areas whether **better coordination of mental health and employment services** could help people find and stay in employment as well as improve their mental health.
- Developing an **online health and employment app**